

Resource Manual for the Upper Valley VT/NH November 2010

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CRISIS HOTLINES/EMERGENCY & 24/7 NUMBERS

In an EMERGENCY call 9-1-1

SOMEONE TO TALK TO:

Headrest TEENLINE.....1-800-639-6095

National Youth Crisis Hotline1-800-448-4663

SUICIDE INTERVENTION/MENTAL HEALTH CONCERNS:

Trevor Project Suicide Helpline

(aimed at gay and questioning teens).....1-800-44-TREVOR

National Hopeline Network.....1-800-784-2433 (800-SUICIDE)

Headrest TEENLINE.....1-800-639-6095

DHMC Department of Psychiatry

Access and Emergency Services.....1-800-556-6249

Health Care and Rehabilitation Services

(H.C.R.S.).....1-800-622-4235

Clara Martin Center.....1-800-639-6360

HOSPITAL EMERGENCY NUMBERS:

Alice Peck Day Memorial Hospital Emergency Services

Emergency Services: (603) 448-7448

Dartmouth Hitchcock Medical Center Emergency Services

Emergency Services: (603) 650-5000

Gifford Medical Center (Randolph)

Cottage Hospital (Bradford)

Woodsville, NH

DOMESTIC VIOLENCE/SEXUAL ASSAULT:

WISE Crisis Line.....1-603-448-5525

POISON CONTROL

Northern New England Poison Center.....1-800-222-1222

ALCOHOL & OTHER DRUG ISSUES:

Local:

Headrest TEENLINE.....1-800-639-6095

Live Free/Smoke Free Program.....1-802-295-1868

National:

Focus on Recovery Helpline.....1-800-234-0420

Al-Anon.....1-800-344-2666

Narcotics Anonymous:

VT.....(802)773-5575

NH.....(603)645-4777

National Drug and Alcohol Treatment Referral Service.....1-800-662-4357

AIDS HOTLINES:

New Hampshire.....1-800-752-AIDS

Vermont.....1-800-882-AIDS

National Hotline.....1-800-227-8922

CALL 2-1-1 IN ANY STATE TO FIND HELPFUL SERVICES AND INFORMATION

OR VISIT: <http://www.211nh.org> OR <http://www.vermont211.org/>

EMERGENCY SHELTERS

Windsor County, VT:

The Upper Valley Haven – (Has two shelters listed below)

713 Hartford Avenue, White River Junction, VT 05001

802-295-6500, www.uppervalleyhaven.org

Byrne House Family Shelter

The Haven Family Shelter has the capacity to house eight families. The typical stay of a family is two to three months. During this time, parents work closely with their designated Case Manager and Shelter Staff to address their family's goals and needs. Families are connected with state health agencies, other non-profits, welfare agencies and child care, and are helped with transportation to meetings.

Hixen House at The Haven, Adult Shelter (18+)

The new shelter has room for up to 20 guests, with two guests in each bedroom. Space includes 10 bedrooms, staff offices, counseling rooms, phone rooms, check-in, an elevator, computer room, kitchen, common areas for dining and recreation, bathrooms, laundry, and storage. Three meals a day are provided for adults residents with their participation.

Mountainside House and The House at 20 Mile Stream

6 Mill St Ludlow, VT

Ph 802-228-7783/ 802-583-2280

Windsor County Youth Services operates these two facilities. Windsor County Youth Services is designed to provide shelter for runaway teens by offering front-line emergency response for runaways and homeless youth. Mountainside house is for male residents ages 13-18 and The House at 20 Mile stream is for female residents ages 13-18.

Orange County, VT area:

Good Samaritan Haven

105N Seminary St

Barre,, VT 05641

1-802-479-2294

Northeast Kingdom Youth Services – Youth only

87 Elm St

St Johnsbury, VT 05819

1-802-748-8711

New Hampshire:

Tyler Blain House, Lancaster

603-788-2344

HOUSING/RENTAL ASSISTANCE:

Windsor County VT and Grafton County NH

Tri-County Cap Homeless Programs

57 Mechanic Street #5

Lebanon, NH 03766

603-443-6150

www.tccaphomeless.org

Housing WIN! Program is for those 18+ who are either homeless or at risk of losing their housing and no appropriate housing options have been identified. Must be working or have some type of income. This program helps with upfront costs such as security deposit and first month's rent. A case manager will be assigned to individuals who qualify for this program and budget counseling is available.

LISTEN Community Services

60 Hanover Street

Lebanon, NH 03766

603-448-4553 or 800-263-1166

www.listencs.org

LISTEN's Housing Helpers program will provide an individual 18+ or a family with a zero interest loan for a deposit or one month's rent (or mortgage). LISTEN will work with you to find solutions. LISTEN also provides budget counseling, emergency financial assistance, as well as fuel and food assistance for free to those who qualify.

Overlook(WRJ, VT)

36 Overlook St

White River Junction, VT 05001

802-280-1918

Transitional housing program for income qualifying individuals and families.

Must be referred by one of the following agencies; HCRS, The Upper Valley Haven, The Visiting Nurse Alliance, Hannah House, Headrest, West Central Behavioral Health, Casey Family Services, WISE, LISTEN Community Services.

Anne's Place

309 NH Route 4a

Enfield, NH 03748

603- 632-9167

Transitional housing program for income qualifying individuals and families.

Must be referred by one of the following agencies; HCRS, The Upper Valley Haven, The Visiting Nurse Alliance, Hannah House, Headrest, West Central Behavioral Health, Casey Family Services, WISE, LISTEN Community Services.

Twin Pines Housing Trust

For properties in Lebanon and Enfield, NH and Hartford, VT

802-291-7000

They have rental properties for low income individuals, couples and families in both VT and NH.

Twin Pines Housing Trust Property Managers:

Moseley Associates 802-296-2600 for Spencer Square in Lebanon

Vermont State Housing Authority 802-828-3295 for Hollow Drive in Wilder, VT

Orange County:

Housing Assistance?

FOOD/CLOTHING

WIC- Supplemental Food Program for Women, Infants and Children

226 Holiday Dr # 22

White River Junction Vermont 05001

1-802-295-8820

http://healthvermont.gov/family/wic/wic_vt.aspx

WIC is a food and nutritional education program for families. Eligibility is based on income.

The Upper Valley Haven

713 Hartford Avenue White River Junction, VT 05001

802-295-6500

<http://www.uppervalleyhaven.org/>

The Haven is a short term emergency housing, food shelf, free clothing, and advocacy and takes referrals in White River Junction.

Listen Community Services

60 Hanover Street Lebanon, NH 03766

603-448-4553

www.listencs.org

Services include budget counseling, community dinners, food pantry, heating helpers, housing, youth mentoring, summer camps, holiday gift baskets, and supportive housing.

Upper Valley Community Dinners Schedule

- **All dinners begin at 5:00 pm (unless noted)**

Monday's

Canaan, NH at the Senior Center, Rt. 4

Hartford, VT at St. Paul's Episcopal Church, Hartford Ave

Tuesday's

Lebanon, NH at Sacred Heart Church, Hough Street

Wednesday's

Hartford, VT at St. Paul's Episcopal Church, Hartford Ave

Lebanon, NH at the First Baptist Church, School Street (5:30pm dinner)

Enfield, NH at the Enfield Methodist Church, Rt. 4

Thursday's

Lebanon, NH at Sacred Heart Church, Hough St.
 Woodstock, VT at The Social Hall at Northern Universalist Chapel, Church St. (Rt. 4)

Friday's

Hanover, NH at the Edgerton House, School Street

Saturday's

Hanover, NH at Grace Outreach, Rt. 10

Sunday's (Only the last Sunday of each month)

Enfield, NH at the Community Building, Rt. 4

CVCA/SEVCA**GOOD BUY STORE**

Southeastern Vermont Community Action
 676 Hartford Ave.
 White River Junction, VT 05001

1-802-359-4183

www.sevca.org

Second hand store. DCF can call for vouchers for families.

White River Discount Foods

7 Sykes Ave.
 White River Junction, VT 05001

1-802-295-6264

Discount food store.

FOOD SHELVES:**Windsor County, VT :****Upper Valley Haven**

713 Hartford Avenue
 White River Junction, VT 05001

802-295-6500

Valley Bible Church

851 Fairview Terrace
 White River Junction, VT 05001

Praise Chapel

1625 Maple Street
 Hartford, VT 05047
802-296-8447

Sharon Congregational Church

Lighthouse Building Route 132
 Sharon, VT 05065
802-763-2007

Orange County**Bradford Churches Food Shelf**

172 Main St
Bradford, VT
802.222.5108

M-Th (3p - 4p) F (11a - 12p) Bradford, Corinth, Topsam & Fairlee. Staples, Commodities, meat, produce (occasionally) Contact Jenny Copeland

CVCAC

22 Whistlestop Way
Bradford, VT
802.222.5419

Newbury Food Shelf

Pine St
Newbury, VT
802.866.5527

T (11a - 1:30p) 2nd & Last Sat of ea month (9a - 12p) All communities
 Contact Frank Rothe 748-9870 / after 5p 866-5518 Dr David Lee 866-5527

Randolph Area Food Shelf

30 N Main St
Randolph, VT
802.431.0144

M-F (3p - 5p) Randolph, Braintree, Brookfield, E Granville 2x month
 Contact church

Theftord Food Shelf

Vt Rt 113
Theftord Ctr, VT
802.333.3725

T & Th (10a - 12p) Staples, meat, produce (occasionally) contact Roberta Howard

New Hampshire:**First Baptist Church**

11 School Street
Lebanon, NH 03766

603-448-5618, www.lebfirstbaptist.com

LISTEN Community Services

60 Hanover Street
Lebanon, NH 03766

603-448-4553, www.listencs.org

Congregational Church

18 Maple Street
West Lebanon, NH 03784

603-298-8096

Wellspring Worship Center

407 North Main Street
West Lebanon, NH 03784

603-643-2700, www.wellspringworship.org

SHOWER/HYGEINE:**The Upper Valley Haven**

713 Hartford Avenue, White River Junction, VT 05001

802-295-6500, www.uppervalleyhaven.org

Showers available from 8:30am – 4:30pm M-F

TRANSPORTATION:**Amtrak Train Station**

White River Junction Vermont 05001

802-295-7160

www.amtrak.com

Vermont Advance Transit

44 Sykes Mountain Avenue, White River Junction Vermont 05001

802-295-3011

www.vermonttransit.com

Big Yellow Taxi

802-296-2733, 1-603-443-2653

Good News Garage

Randolph, Vermont

802-864-6601 , <http://www.goodnewsgarage.com/>

Sells second hand vehicles.

Stagecoach

Depot Square Randolph Vermont 05060

802-728-3773

<http://www.stagecoach-rides.org/>

Rides available from all towns for: senior citizens, persons with disabilities, Medicaid, and social services. For eligible persons, Medicaid will pay the cost of transportation to necessary medical services.

Upper Valley Rideshare

Ph 800-685-RIDE (7433)

<http://www.vermontrideshare.org/>

Public Transportation

MAKING CONNECTIONS:

The Junction

Listen Community Teen Lifeskills Center

18 North Main Street, White River Junction Vermont 05001

1-802-295-2612

www.thejunctionwr.com

A drop-in center for youths ages 15-20. The Junction Teen Life skills Center is a safe space to hang-out, participate in fun activities and just be yourself. Here you are offered support and guidance from trustworthy adults who can refer you to local services or just listen. A family-style meal is served each evening that they are open. Meet new people, make friend, grab something to eat, play pool, guitar hero, check your facebook, get some study help, join in activities, most importantly, have fun!

Bradford Teen Center

<http://www.facebook.com/home.php#!/group.php?gid=115960878416203>

The Bradford Teen Association(BTA) joined Bradford Parks & Rec.(BPRC) in October of 2009. Open Tuesdays, Wednesdays & Fridays from 2:30-6:00 at the Teen Lounge in room 26 at the Bradford Academy. It is a safe, positive place for

7th through 12th graders to go after school. We have ping pong, foosball, games, homework space, trivia Tuesdays...etc... . We also go to Elizabeth's Park for volleyball, fear factor events and just to have fun!

The Boys & Girls Club of the White River Valley (BGCWRV)

26 North Main Street Suite A P.O. Box 237
Randolph, VT 05060.

802-728-3332

<http://www.bgcwrv.org/>

MENTAL HEALTH/SUBSTANCE ABUSE COUNSELING

Windsor County:

Health Care and Rehabilitation Services (HCRS)

49 School Street
Hartford, VT 05047

Ph 802-295-3031

www.hcrs.org

A major community mental health agency, providing comprehensive services for mental health and substance abuse issues to community members across Windsor and Windham counties.

*Walk in clinic for 18+ on Tuesdays and Thursdays from 2-4pm up to 3 visits free.

Momentum

Elena VanZandt at Second Growth- 1-603-643-6603
Carr Robertson at DHMC- 1-603-653-1929

Momentum is facilitated by professional staff members from the partnership of Second Growth and DHMC. There are weekly discussions in a safe, supportive environment. Momentum provides opportunities for: building practical skills for healthy relationships, developing a community of peer support, reducing the vulnerabilities to self-destructive behaviors, strengthening the resolve to stay free from substance abuse, creating more effective problem solving strategies, and promoting a positive sense of self.

Clara Martin Center
Wilder, VT 05088

802-295-1311

Substance abuse counseling services as well as counseling services for sex offenders.

Orange County:

Clara Martin Center

1483 Lower Plain Route 5, Bradford Vermont 05033

1-802-222-4477 Hotline 1-800-639-6360

Offers community outpatient mental health and substance abuse services; assists persons with co-occurring mental and substance abuse disorders, women, DUI/DWI offenders, criminal justice clients; sliding scale fee.

NAMI-VT (National Alliance on Mental Health)

NAMI White River Junction

(802) 763-8030

132 South Main Street

Waterbury, VT 05676-1519

1-802-244-1396 Toll Free: 1-800-639-6480

Volunteer organization of individuals and organizations who have joined together to improve services for persons who are diagnosed with mental illness; support education, research, and other efforts to reduce stigma and discrimination against consumers of mental health services and their families.

DRUG/ALCOHOL TREATMENT PROGRAMS & RESOURCES:

New Hampshire:

Family Counseling

(603) 298-8237

Contact: Child and Family Services (substance abuse counseling for teens)

Headrest 24 Hour Teenline

1-800-639-6095 or (603)448-4400

Ongoing drug/alcohol education and counseling.

Windsor County, VT:

Turning Point Club

200 Olcott Drive White River Junction, VT 05001

Ph 802-295-5206

A supportive atmosphere for those and their families in or seeking recovery from addictions.

Making Change/Second Growth Foundation

205 Billings Farm Road, Building 1, Suite B

Wilder, VT 05088

Ph 802-295-9800www.secondgrowth.org

Open Wednesdays 6-7 pm

Making Change is a support group for high school-aged young people who are having problems related to alcohol or other drug use

DOMESTIC VIOLENCE**WISE of The Upper Valley**

79 Hanover Street Suite One, Lebanon NH 03766

1-603-448-5922;NH 24 hour DV Crisis Line – **866-644-3575**; NH 24 hour Sexual Violence Crisis line **800-277-5570** 24 hour hotline **603-448-5525** (local)VT 24 hour DV Crisis Line – **800-228-7395**; VT 24 hour Sexual Violence Crisis line **800-489-7273****www.wisetheuppervalley.org**

Emergency safe housing, counseling, legal advice, social services advocacy, hospital advocacy for battered women and sexual assault survivors in southern Windsor County; support for child witnesses.

Safeline

Chelsea, VT

800-639-7233

24 Crisis Line - 800-639-7233

www.orgsites.com/vt.safeline1/

Serves battered women and sexual assault survivors in Orange and Northeast Windsor counties; 24 hour hotline; offers crisis counseling, legal advice, emergency safe housing, social services advocacy, hospital advocacy support groups, support groups for child witnesses, public education.

Batterer's Intervention Group- Wilder**The Clara Martin Center**

39 Fogg Farm Road

PO Box 816

Wilder, VT 05088

Ph 802-295-1311
24 Crisis Line – 800-639-6360

Clara Martin Center is available to individuals, couples, families, adults, children, adolescents, businesses, and other professionals who need mental health services. Clara Martin Center provides comprehensive mental health and substance abuse care within these major categories: Adult Services; Child and Family Services; School Services; Corrections Services; Substance Abuse Services

http://www.claramartin.org/services/specialty_services/criminal_justice_programss

HEALTH (MEDICAL/DENTAL)

New Hampshire:

Dartmouth Hitchcock Medical Center
One Medical Center Drive
Lebanon, NH 03766
603-650-5000

Alice Peck Day Memorial Hospital
Mechanic Street
Lebanon, NH 03766
603-448-3121

Acorn (support for those impacted by HIV)
2 Blacksmith Street, Lebanon NH 03766
Ph 603-448-8887 Toll Free 1-800-816-2220 Fax 603-448-8885
<http://acornvtnh.org/>

Professional AIDS service organization. ACORN offers case management, support groups, assistance with transportation to medical appointments, and emergency financial help for housing, food, clothing, and medical needs. They also offer non-invasive, oral HIV tests. ACORN provides its service to anyone living in Windsor and Orange Counties of Vermont and Grafton and Sullivan in New Hampshire.

DHMC HIV/AIDS testing
(603) 650-8840 or (603) 650-6060
One Medical Center Drive, Lebanon, Reception 5C
Hours: Monday through Friday, 8:00 am to 5:00 pm

Provides medical care and counseling to people with HIV and AIDS; educates students, doctors, and support staff in the latest care.

:

Windsor County, VT

Good Neighbor Health Clinic (Vermont Coalition of Clinics for the Uninsured)

70 North Main Street, White River Junction Vermont 05001

802-295-1868 Hours M-F 9-5

<http://www.vccu.net/gnhc.asp>

The Good Neighbor Health Clinic opened in White River Junction in 1992 to ensure that quality medical care is available to all those in the Upper Valley in medical need but without the means to pay.

White River Family Practice

Address

Phone

The Red Logan Dental Clinic

70 North Main Street, White River Junction Vermont 05001

1-802-295-7573 Hours M-F 9-5

<http://www.vccu.net/rldc.aspp>

Dental services for adults without insurance.

Mt. Ascutney Hospital

Address?

802-674-6711

Orange County, VT:

Gifford Medical Center

Address?

802-728-4441

PREGNANCY/PARENTING

New Hampshire:

HANNAH HOUSE

10 Abbott Street P.O. Box 591, Lebanon NH 03766

603-448-5339

<http://www.hannahhouseinc.org/>

The Hannah House provides residential and outreach services to pregnant and parenting teens and their babies. The Hannah House focuses first on meeting the needs of the parents without, however, losing sight of the health and well being of their babies.

Care Net Pregnancy Center of the Upper Valley

1 Main Street, West Lebanon NH 03784

1-603-298-6123

<http://www.care-net.org>

Care Net seeks to promote, prepare, and plant pregnancy centers across North America. Free pregnancy tests, ultrasounds, abortion information, parenting classes, and material assistance are just some of the many services offered that empower women to choose life.

PLANNED PARENTHOOD

89 South Main Street, West Lebanon NH 03784

603-298-7766

<http://www.plannedparenthood.org/>

The nation's leading sexual and reproductive health care advocate and provider.

Women's Health Resource Center @ DHMC

1-603-650-2600

Educators are available to answer your questions about childbirth preparation, postpartum care, and breastfeeding issues. They can help you find resources in our lending library, our classes and support groups, and the community. Come visit us on the mall in Lebanon, or call (603) 650-2600 from Monday through Friday, 9:00 am to 5:00 pm, for more information.

Women's Care Center @ Alice Peck Day

141 Mascoma Street

Lebanon, NH 03766

(603) 448-3996

Prescription refill line: (603) 448-7470

We pride ourselves on our tradition of personalized, comprehensive care for women from puberty through the post-menopausal years. Located in a comfortable renovated home on the Alice Peck Day Memorial Hospital campus, we provide high quality care that empowers women throughout

their experience. We promote health and wellness with highly qualified, compassionate midwives and OB-GYNs who focus on health promotion and disease prevention.

Windsor County, VT:

PARENTING EDUCATION/SUPPORT

The Family Place

319 US Rte 5 South, Norwich, VT 05055

802-649-3268 Toll Free: **800-639-0039**

<http://www.the-family-place.org/>

The Family Place offers comprehensive resources and information in the Upper Valley on parenting children ages birth to 6. Services are available for the following:

- Families with young children seeking information on parenting.
- Vermont families of infants and toddlers with special needs or developmental delays.
- Medicaid eligible pregnant women and families with children birth to age six.
- Families with young parents making a successful transition from welfare dependency to self sufficiency.
- Families involved with child protective services needing assistance to stay together.

CAR SEATS - Vermont State Police

Ph 802-222-4680 Fax 802-222-4028

The Bradford Vermont State Police sells inspected car seats for \$20.00.

Child Care Project

17 ½ Lebanon Street Suite 2, Hanover NH 03755

Ph 603-646-3233; 603-646-0375; Toll Free 1-800-323-5446

A referral agency for child care.

Good Beginnings

P.O. Box 5054 93 South Main Street

West Lebanon, New Hampshire 03784

603-298-9524

<http://www.goodbeginnings.net/>

Good Beginnings

1406 West Hill Rd.
Northfield, VT 05663

802-485-8430

www.centralvt.goodbeginnings.net

Good Beginnings is a free volunteer home visitor program that gives help to families with newborn babies. Any family with a new baby could use a helping hand. And so a Good Beginnings volunteer - like a good friend or neighbor - offers the kind of non-judgmental, flexible support that can make a family's first months with a new baby healthier and less stressful.

Head Start/ Parent Child Center

95 Templeton Ave. #36, White River Jct. VT 05001

Ph 802-295-1122 Fax 802-295-1122

emailto:wrjstart@sover.net

<http://www.sevca.org/headstart/>

"Head Start" is a comprehensive child development program serving pre-school aged children and their families in several locations. It is a child-focused program that has the overall goal of increasing the social competence of young children in low income families.

Intensive Family Based Services (IFBS)/ Parent Educator/ Child and Family Services

Child & Family Services

PO Box 5223 West Lebanon, NH 03784

603-298-8237

www.cfsnh.org

A community treatment program providing in-home, family based clinical and support services to families experiencing social/emotional, behavioral and/or mental health challenges. The Parent Education program provides parent education, service coordination and related support services to families with the goal of preventing children in Protective Services from entering state's custody and/or to support reunification or other recommended options for children in state's custody.

Orange County Parent Child Center

361 VT Route 110

Chelsea Vermont, 05038

802-685-2264

Randolph Vermont, 05060

1-802-728-6155 or 1-800-261-6155

Bradford Vermont, 05033
1-802-222-5856

LEGAL AIDE

Vermont Legal Aid

Burlington - 264 North Winooski Avenue, Burlington, Vermont 05402
Montpelier - 7 Court Street, Montpelier, Vermont 05601
St. Johnsbury - 177 Western Avenue, Suite 1, St. Johnsbury, Vermont 05819
Rutland - 57 North Main Street, Rutland, Vermont 05701
Springfield - 56 Main Street, Suite 301, Springfield, Vermont 05156
Waterbury - Vermont State Hospital (*No client intake*)
1-800-889-2047
1-800-747-5022 or (802)863-2871
<http://www.vtlegalaid.org/>

South Royalton Legal Clinic

259 Chelsea St
P.O. Box 117
South Royalton, VT 05068
802-763-7718 or **1-802-831-1500**

Provides help for persons otherwise unable to afford counsel in areas such as family law, juvenile law and children's rights, Social Security, welfare, and unemployment compensation, civil rights and civil liberties, landlord-tenant relations, consumer protection, bankruptcy, contracts, wills, and federally subsidized health care, immigration law; project of the Vermont Law School

Have Justice Will Travel

9580 Vermont Route 113
Vershire, VT 05079
877-496-8100
<http://www.havejusticewilltravel.org/>

HJWT provides in-home consultations, transportation to and from court hearings, and free legal representation for protective orders and family law issues for low income battered women and their children.

NH Legal Services' Legal Advice and Referral Center (LARC)

112 Pleasant St., Concord, NH
1-800-639-5290 or **(603)224-3333**
www.larcnh.org/

Eligibility screening by LARC. Direct representation, legal advice and referrals. Free services to low income individuals.

RECREATION

Aquatic Center

CCBA

Witherell Center Fitness Center/Pool

1 Taylor Street, Lebanon, NH 03766

Ph 603-448-6477

Hours M-F 5:30 am-9:00 pm; Saturday 7:00 am-6:00 pm; Sunday 8:00 am-4:00 pm

www.ccba-leb.com

The CCBA offers many exciting programs for youth of all ages. Adults can enjoy a workout while their younger children are being supervised in the Child Activities Room, or while their older children are playing a game of billiards, basketball or ping pong. Below is a sample of programs the CCBA offers for youth. Fees involved scholarships available.

Lebanon Parks and Recreation

Hartford Parks and Recreation

Bradford Parks and Recreation

<http://www.facebook.com/home.php#!/pages/Bradford-Parks-Rec/126805300673454>

Randolph Parks and Recreation

FINANCIAL & WELFARE ASSISTANCE

Supplemental Security Income (SSI)

Social Security

330 Asa Bloomer bldg.

88 Merchants Row

Rutland, Vermont 05701

802-775-0893 Toll Free 800-772-1213

<http://www.socialsecurity.gov/ssi/index.htm>

A Federal income supplement program funded by general tax revenues. It is designed to help aged, blind, and disabled people who have little or

no income; and it provides cash to meet basic needs for food, clothing, and shelter.

Reach Up Emergency Assistance

224 Holiday Drive, Suite A

White River Junction, VT 05001-2097

802-295-8855 Toll Free: 1-800-775-0507

http://www.dcf.state.vt.us/esd/emergency_general_assistance

The Emergency / General Assistance Program helps individuals and families with their emergency basic needs, including housing (e.g., back rent, temporary housing, security deposit), utilities, food, and burial costs. Eligibility is based on low income.

VOCATIONAL:

Vermont Job Corps Center

100A MacDonough Dr. Vergennes, VT 05491

Ph 802-877-2922 Toll Free 1-800-869-2901 Fax 802-877-0394

<http://northlands.jobcorps.gov/> (VT);

Offerings: Business Clerical, Bookkeeper, Culinary Arts, Nurses Aide, Facilities Maintenance, Welder, Auto Body Repair, Auto Repair Technician, Urban Forestry.

Family's Learning Together- The Family Place

319 US Rte 5 South, Norwich, VT 05055

Ph 802-649-3268 Toll Free: 1-800-639-0039

<http://www.the-family-place.org/FLT.htm>

Job training, counseling, mentoring, parenting, and academic support for young women who are committed to being good, effective, and self sufficient parents.

EDUCATION:

Vermont Adult Learning- Vermont Adult Diploma Program

Ph 802-299-2469

<http://www.vtadultlearning.org/index.html>

VADP provides adults the opportunity to earn a high school diploma from their local school by completing a portfolio of projects demonstrating skills that meet state education standards.

Wilder School

Ledyard Charter School

Lebanon, NH

Community High School of Vermont

103 South Main Street, Waterbury Vermont 05671-1001

802-241-2773, <http://www.chsvt.org/>

Community High School of Vermont is primarily designed to serve individuals who have not obtained a High School Diploma, are under the custody of the Vermont Department of Corrections, have a high need in the area of employment, as identified by the classification procedures of the Vermont Department of Corrections.

Connecticut River Academy

551 Route 5 Bradford Vermont 05033

Middle and High School **802-222-3221**

<http://www.connriveracademy.com/>

A special education day school for students with emotional, behavioral, and learning challenges.

East Valley Academy

579 Vt Route 14 South Randolph, VT 05060

802-728-3896

A special education day school for students with emotional, behavioral, and learning challenges.

VSAC (Vermont Student Assistance Corporation)

Champlain Mill (3rd floor), 1 Main Street., Winooski, Vermont

Ph 802-655-9602 Toll Free 800-281-334

www.vsac.org

Provides grants, scholarships, work study programs, loans, college planning, help with saving for college, and loan repayment/consolidation plans.

FURNITURE/ HOUSEHOLD GOODS**Listen Community Services**

60 Hanover Street, Lebanon, NH 03766

Ph 603-448-4553 Toll Free 800-263-1166

www.listencs.org

Services include budget counseling, community dinners, food pantry, heating helpers, housing, youth mentoring, summer camps, holiday gift baskets, and supportive housing.

GOOD BUY STORE

Southeastern Vermont Community Action

676 Hartford Ave.

White River Junction, VT 05001

1-802-359-4183

www.sevca.org,

Second hand store. DCF can call for vouchers for families.

It's Classified

<http://www.itsclassified.com/ic/home.htm>

A buyer's and seller's marketplace for the Upper Valley, the "Classified" paper is free of charge.

COVER Home Repair/The ReCover Store

158 South Main Street White River Junction Vermont 05001

1-802-296-7241

Weatherization – ext 103

ReCover Store – ext 106

www.coverhomerepair.org

Cover completes more than 40 urgent home repair projects each year. They focus on repairs that improve the home's ability to provide a safe, comfortable, and healthy environment for its inhabitants. Roof repair, wheelchair ramp constructions, structural floor repair and weatherization are common projects. Projects average \$500 of materials and two crew days to complete. COVER analyzes prospective projects using guidelines which include household income, urgency of the project, willingness of homeowners to get involved, etc.